



# MODEL HOUSE F3 IN LJUBLJANA – Nearly Zero-Energy Building

## Speaker:

Damjana Varšek

Housing Fund of Republic of  
Slovenia, Public Fund (SSRS)

## Authors:

D. Varšek (SSRS)

G. Rak (SSRS)

# Main features



## Development:

- Start of construction **2014**
- Completion of construction – structures and outdoor areas **2017**
- The contractual value of F3 construction and fitting-out is **7.3 million euros**

## Brief description:

- 1 structure vertically divided into four lamellas
- floors: G+3+T, underground garage
- 52 apartments and 2 business premises,
- Net floor area of lamellas A, B, C, D: **5.500 m<sup>2</sup>**.

# Main features



- Construction:
  - one-level underground garage - reinforced concrete structure,
  - G+2 reinforced concrete structure,
  - 3+T wooden structure
- Façade:
  - P+2: TI, ventilated with fibre cement panels,
  - 3+T: TI, ventilated wooden
- Roof:
  - TI, flat roof, hydro insulation membrane
- Fenestration:
  - Aluminium-wood, triple glazing, external screen
- Interior surface finishes:
  - parquet flooring, ceramic tiles, epoxy floor coating, rubber flooring, linoleum, exposed concrete, wooden ceiling, ....

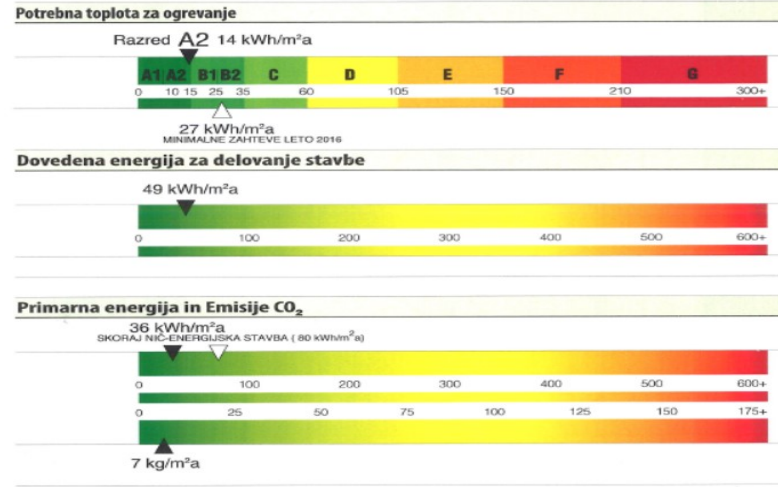
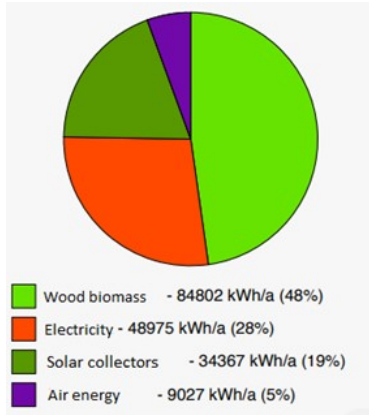


# Energy efficiency

Nearly Zero Energy Building (definition):

- annual heat demand max. 25 kWh/m<sup>2</sup>a      ==>>>      14 kWh/m<sup>2</sup>a achieved
- primary energy max. 80 kWh/m<sup>2</sup>a            ==>>>      36 kWh/m<sup>2</sup>a achieved
- renewable energy sources >50%            ==>>>      72 %            achieved

Energy performance certificate:



# Construction process

## Fenestration



- wooden windows with alu protection (triple glazed with a gas fill and low-emittance coating)
- RAL installation standard with three-level sealing
- certified by Passivhaus



### Specifications:

- $U_g = 0,50 \text{ W/(m}^2\text{K)}$
- $U_w = 0,68 \text{ W/(m}^2\text{K)}$
- $R_w$  36 dB
- g-value: 0,5

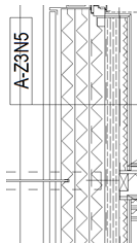


# Construction process

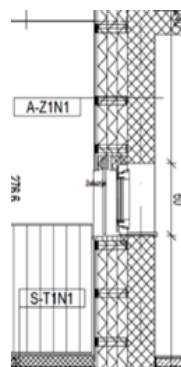
## External walls



Structure of external wall wood construction	Thickness [cm]
	<b>56.0</b>
vertical, massive wooden battens 2×7/2 cm, larch	4.00
air layer	6.00
wind barrier	0.02
Insulation: two-layer boards made of rock mineral wool (0.035 W/mK)	28.00
<b>cross laminated timber (CLT)</b>	9.50
installation plane: metal subconstruction, in between rock mineral wool boards	6.00
Two-layer gypsum boards	2.50



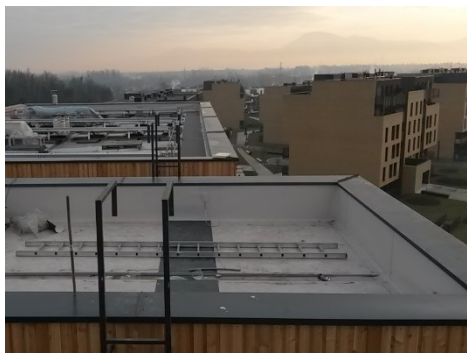
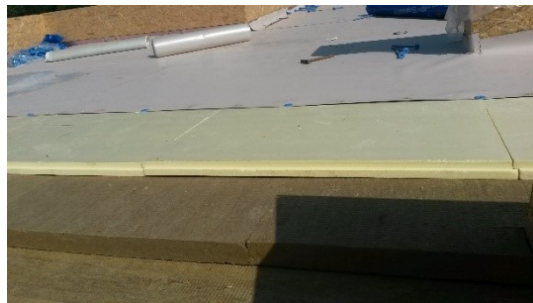
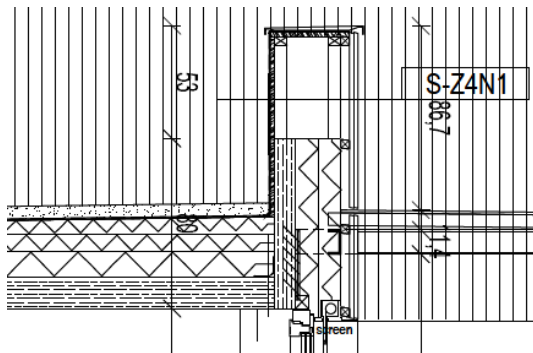
Structure of external reinforced concrete wall	Thickness [cm]
	<b>55.5</b>
fibre cement facade boards	0.80
air layer	3.20
wind barrier	0.02
Insulation: two-layer boards made of rock mineral wool (0.035 W/mK)	26.00
<b>reinforced concrete wall C 25/30</b>	25.00
internal finishing layer	0.50



- 2721 - Model House F3 in Ljubljana – Nearly Zero-Energy Building
- D. Varšek, G. Rak



# Construction process Roof system



- Flat roof
- Slope: 1,5%
- Thermal insulation:  
rock mineral wool 36 cm  
+ XPS 5 cm
- Sika waterproofing  
membrane

# Construction process

## From the perspective of the investor



- project complexity
- high level of professional skills from design engineers and field operators
- highly qualified supervision
- high level of regular quality monitoring – contractor's internal control and control of other participants



# Mechanical installation and equipment



- building as a whole is NZEB
- RES 72%: biomass (woodchips), solar energy collectors, air/water heating pump
- mechanical ventilation with heat recovery, humidity-sensitive ventilation
- PHPP energy performance certificates for 31 passive dwellings
- energy standard: energy class A2 – heat demand 14 kWh/m<sup>2</sup>a

# Mechanical installation and equipment

## Mechanical ventilation with heat recovery

- Types of heat recovery ventilation systems:
  - wall/ceiling units, air flow rate 180 m<sup>3</sup>/h
  - free-standing units, air flow rate 270 m<sup>3</sup>/h
- certified by Passivhaus Institut
- thermal efficiency  $\approx 82\%$  at an average airflow of 55 m<sup>3</sup>/h



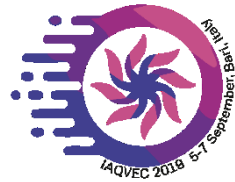
# Air tightness testing



## Workflow:

- technological study: project details, materials, certificates, work protocol, responsible persons
- pilot dwellings determination
- contractor training
- preparation of dwelling air tightness plane
- Blowerdoor test implementation
- corrective actions
- Blowerdoor test reimplementation
- further test implementation with internal control

# Air tightness testing



- air tightness measurements were made for all dwellings of a single lamella at a time
- lamella A and B: common pipe system, i. e. “octopus“
- lamella C and D: including interior corridors
- **air tightness result:  $0,6 \text{ h}^{-1}$**  at pressure difference of 50 Pa

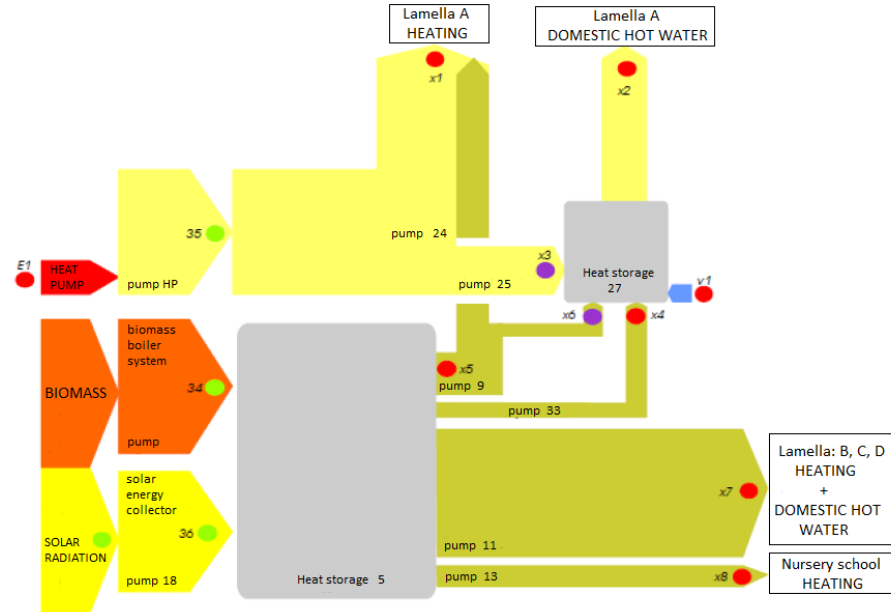
# Monitoring

Concept of monitoring:

- energy efficiency
- architectural design, use of materials
- sociological aspects

Monitoring of energy efficiency and well-being of residents:

- 6 dwellings for monitoring (2 with humidity-sensitive vent., 2 with HRV in reinforced concrete structure, 2 with HRV in wooden structure)
- measuring equipment for parameters of indoor environment – data loggers: temperature, humidity, CO<sub>2</sub>
- surveys

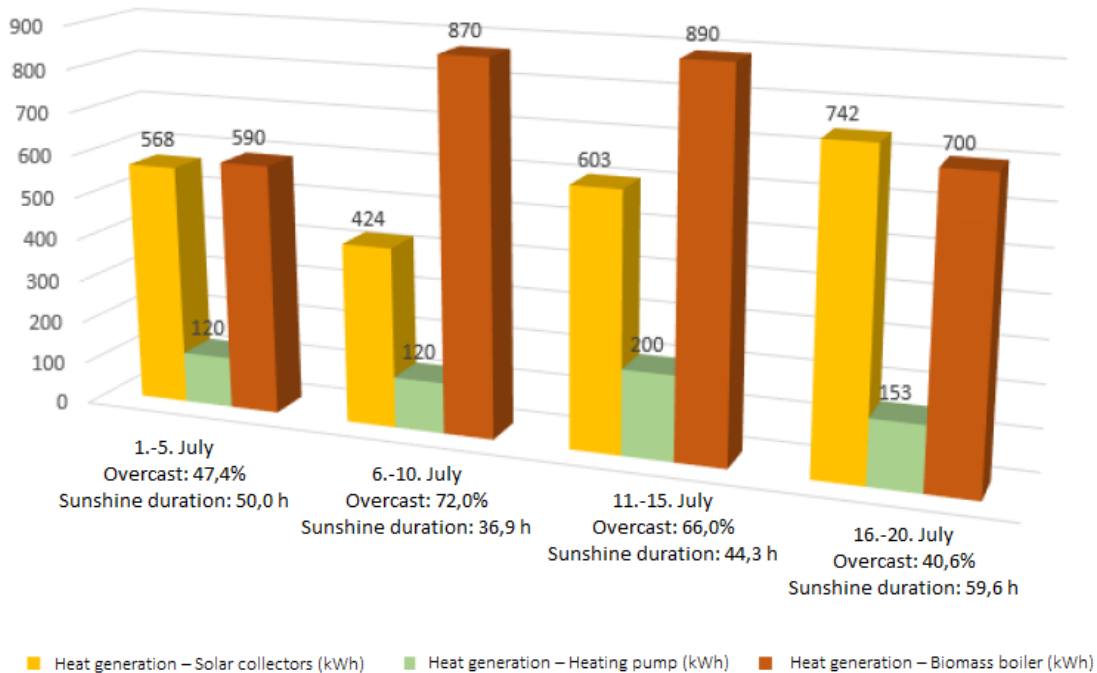




# Monitoring



Amount of energy generated in four different 5-day periods in July, depending on the type of heat generator



# Conclusions



## Use of NZEB:

- enhanced living comfort for residents
- high level of professional qualifications of the facility manager
- more complex maintenance of common and individual installation systems/equipment
- co-operation challenge between residents (owners) and facility manager

Key factors are overall performance and optimized operation settings of embedded systems.

# Thanks!

## Questions and Comments

- 2721 - Model House F3 in Ljubljana – Nearly Zero-Energy Building
- D. Varšek, G. Rak